

Thank you for your recent referrals and work in refugee health. We are seeing variation in testing and hope to ensure screening is consistent with the [2016 ASID refugee health guidelines](#).

The following tests are recommended for **adults** arriving in Australia as refugees/seeking asylum. Please see the full guidelines (and RACGP preventive health guidelines) for other areas of screening.

<b>All</b>	<b>FBE/film</b> <b>Hepatitis B serology</b> - HBsAg, HBsAb and HBcAb - note 'chronic hepatitis B' <b>Strongyloides serology*</b> <b>HIV serology</b> <b>Tuberculosis screening</b> - TST or IGRA $\leq 35$ years, older if clinical risk - note 'contact history' on IGRA request <b>Varicella serology</b> (to determine vaccination) <b>Faecal specimen</b> - cysts, ova, parasites* <i>*not required for Ukraine</i>
<b>Risk-based</b>	<b>Ferritin</b> - women, men with risk factors <b>Vitamin D</b> - lack of sun, dark skin, covered <b>Active B12</b> - arrived <6 months, vegan, food insecurity, <a href="#">Afghanistan</a> Bhutan, Iran, African countries <b>Rubella serology</b> - women childbearing age <b>Syphilis serology</b> - if risk factors <b>Chlamydia/gonorrhoea</b> - NAAT urine/low vaginal swabs - if risk factors <b>Helicobacter pylori faecal antigen</b> if upper GIT symptoms or family history gastric cancer
<b>Country-based</b>	<b>Schistosoma serology</b> - endemic - Africa, Burma, Iraq, Syria; <i>not Middle Eastern/Asian countries/Ukraine</i> <b>Malaria</b> arrival <3m endemic area (<12m if fever) - Africa ( <i>except Egypt</i> ), Burma, Bhutan, India, Pakistan, Afghanistan, Sri Lanka; <i>not Middle East/Ukraine</i> <b>Hepatitis C</b> - HCVAbs - endemic - Congo, Egypt, Iraq, Pakistan, consider Syria/Ukraine; <i>not other African/Middle Eastern or Asian countries</i>
<b>Other NCD screening</b>	<b>Lipids</b> - $\geq 45$ y, frequency varies with risk ( <a href="#">RACGP 8.3</a> ) <b>Diabetes</b> - BSL or HbA1C - $\geq 40$ y if high risk, each 3 years ( <a href="#">RACGP 8.4</a> ) <b>Albumin:creatinine &amp; eGFR</b> - $\geq 30$ y if high risk renal disease, each 1-2 years ( <a href="#">RACGP 8.6</a> ) <b>FOBT</b> - $\geq 50$ y if low risk, each 2 years, extra screening high risk ( <a href="#">RACGP 9.2</a> ) <b>Mammogram</b> - women 50-74y, each 2 years; $\geq 40$ y if first degree relative <50y at diagnosis ( <a href="#">RACGP 9.3</a> ) <b>HPV test</b> - women - $\geq 25$ y to 70-74y, each 5 years ( <a href="#">RACGP 9.5</a> )

IGRA = interferon gamma release assay, NCD = non communicable diseases, TST = tuberculin skin test

We look forward to working together - we are always happy to take questions, provide catch-up vaccination plans, support covid vaccination, or meet remotely or directly (if that is useful). We can be contacted on 9345 5522 pager 7142 or email: [refugee.fellow@rch.org.au](mailto:refugee.fellow@rch.org.au).